

## **INSTRUCTIONS BEFORE SEDATION**

- 1. Arrangements must be made for a responsible adult to drive you home after oral or intravenous sedation. You will be unable to leave the office if unescorted.
- 2. You should have nothing to eat or drink for 6 hours before the procedure
- 3. You are advised to wear loose fitting clothes and a shirt/blouse with short sleeves.
- 4. Plan to arrive in the office approximately 15 minutes before the scheduled appointment.
- 5. Should you develop a cold, flu, sore throat, or any other illness, the appointment will be rescheduled to a time when you are physically fit. You (or parent/guardian) should call the office as soon as possible if these symptoms develop.
- 6. If there are any medications to be taken as part of the sedation treatment, they will be prescribed and the name of the drug, dosage, and instructions will be given to you.
- 7. You should continue to take your usual medications as prescribed for other conditions only after consulting with your dentist. Such medications should be taken with only a sip of water if required to be taken the morning of your sedation appointment.
- 8. You will be given the date and time of your appointment by the office staff.
- 9. Get some rest the night before your treatment.